

Mental Health Trainings

Mental Health America Northeast Indiana's community training team provides high-quality, evidence-informed, and relevant mental health education to help normalize mental illness and reduce stigma & discrimination in our community.

High Quality Trainers

Our experienced trainers provide high-energy, interactive, engaging educational opportunities for the community. Our trainers have the personal and educational backgrounds to communicate with sensitivity & accuracy.

Research-Informed Curriculum

We proudly provide several nationally recognized evidence-based trainings. We customize our trainings to meet the specific needs of each audience. We only use reputable, current sources to ensure that all information presented is accurate.

I Want to Register for a Training

Visit our website at
mhanortheastindiana.org

I Want to Host a Training

Contact us at (260) 422-6441 or
info@mhanortheastindiana.org



CONTACT

**Mental Health America of
Northeast Indiana**

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Training Opportunities

Mental Health

- Understanding Mental Health
- Stigma & Mental Health
- The Science of Stress
- Navigating a Mental Health Crisis
- Mental Health First Aid for Youth Workers[®] (8-hour training)
- Trauma and ACE's
- Parenting with Mental Health in Mind
- The Impact of Media
- The Brain & Addiction
- *Customized topic of your choice*

Suicide Prevention

- Question, Persuade, Refer (QPR)[®] (3-hour training)
- safeTALK[®] (3-hour training; In-person only)
- Applied Suicide Intervention Skills Training (ASIST)[®] (2-day training; In-person only)

****Most trainings are available in-person or virtually****

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